

2019-2020 PDC SCHEDULE

MONDAY	Studio 1		Studio 2		Studio 3
4:00 PM		4:00 PM	CO Acro *Invite Only*	4:30 PM	Stretch/Conditioning
4:30 PM	Ballet IV (90 min) **	5:00 PM	CO Leaps and Turns V	5:30 PM	Pre Company Juniors (1.5 hrs)
6:00 PM	Lyrical III	6:00 PM	CO Mod/Cont V	7:00 PM	Pre Company Teens (1.5 hrs)
7:00 PM	CO Lyrical IV	7:00 PM	CO Lyrical V	8:30 PM	
8:00 PM					
TUESDAY					
4:00 PM	Ballet II	3:45PM		4:30 PM	Tech I
5:00 PM	Ballet III (1hr)	4:45 PM	CO Tech V (1hr 15 min)	5:30 PM	Lyrical I
6:00 PM	CO Ballet V (90 min)**	6:00 PM	Tech III (1hr 15 min)	6:30 PM	Tech II
7:30 PM		7:30 PM	Ballet IV (90 min) **	7:30 PM	Lyrical II
WED.					
2:30 PM		2:30 PM		2:30 PM	
3:30 PM	Mini Ballet/Jazz (6-10 yrs)	3:30 PM	CO Stretch/Strength IV	4:00 PM	Leaps and Turns I/II
4:30 PM	Ballet I/II	4:30 PM	CO Tech IV (1 hr 15 min)	5:00 PM	Leaps and Turns III
5:30 PM	Pre Co Teeny Rehearsal	5:45 PM	Int Modern/Cont	6:00 PM	
6:30 PM	CO Ballet IV (90 min)**	6:45 PM	CO Stretch/Strength V	7:00 PM	Ballet II/III (1hr)
8:00 PM	CO Ballet V (90 min)**	7:45 PM		8:00 PM	Pre Pointe (30 min)
THURSDAY					
4:30 PM	Combo-Ballet/Tap (3-5 yr)	4:30 PM	Acro II	4:30 PM	Hip Hop (1st-3rd)
5:30 PM	Tap II	5:30 PM	Acro I	5:30 PM	Hip Hop (4th-6th)
6:30 PM	Tap I	6:30 PM	Acro III	6:30PM	Hip Hop (7th-9th)
7:30 PM	Tap III	7:30 PM	Jazz II (ages 9+)	7:30 PM	
FRIDAY					
4:00 PM		4:00 PM	CO Ballet Conditioning	4:00 PM	Mini CO Conditioning
SATURDAY					
9:30 AM		9:00AM	CO Acro	9:00 AM	Combo (2.5 - 3.5 yrs old)
10:30 AM		10:30AM	CO Ballet Conditioning	10:00 AM	Combo (3.5 - 5 yrs old)
				11:00 AM	Mini Ballet/Jazz/Tap (5-7 yrs)

FALL CLASSES 2019 BEGIN AUGUST 5TH

** Pointe Included - Teacher Recommendation Required